Image-based modeling of the cardiovascular system

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Outline

- Lecture 1: Introduction to function and modeling of the CV system
- Lecture 2: Techniques for Parameter Estimation in the CV system
- Lecture 3: Simulation of Transitional Physiology
- Lecture 4: Advanced Topics, Clinical Applications and Challenges



Lecture 3: Simulation of Transitional Physiology







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Time-scales in Cardiovascular Modeling



Control Mechanisms of Flow and Pressure





Global control: modeling the baroreflex



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Sympathetic system (the gas pedal)

- The sympathetic nerves innervate:
 - Small arteries & arterioles
 - Veins
 - Heart
- Increased sympathetic activity stimulates:
 - Increase in vessel constriction in small arteries & arterioles and veins

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Increase in heart rate

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Increase in maximum heart contractility



Guyton, Human Physiology and Mechanisms of Disease, 5th Ed.

Parasympathetic system (the brake)

- The parasympathetic nerve (vagus nerve) only innervates:
 - Heart
- Increased parasympathetic activity stimulates:
 - Decrease in heart rate
 - Decrease in maximum heart contractility





Guyton, Human Physiology and Mechanisms of Disease, 5th Ed.

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The baroreceptors



Example: Hemodynamic changes during trauma



Regulation of cardiac output



Control of heart rate

- Heart rate is principally controlled by autonomic nervous system through sympathetic (increase heart rate) and parasympathetic (decreases heart rate) pathways.
- Parasympathetic tone dominates in healthy individuals, so blocking these mechanisms <u>increases</u> heart rate.



Brainbridge reflex

- The Bainbridge reflex, also called the **atrial reflex**, is an increase in heart rate due to an increase in central venous pressure
- Increased blood volume is detected by stretch receptors (baroreceptors) located in both atria at the venoatrial junctions
- The baroreceptor reflex can correct for a change in arterial pressure by increasing or decreasing heart rate. In contrast, the Bainbridge reflex responds to changes in blood volume



Control of Stroke Volume

- Myocardium can adapt to changing hemodynamic conditions by <u>intrinsic mechanisms</u> (know this from experiments in denervated hearts).
- Frank-Starling mechanism is one important way that stroke volume changes.
- Increased preload (right ventricular filling pressure just before ventricular contraction) causes increased SV, EDV, but HR constant.
- Dilation of heart due to increased EDV increases myocardial fiber length which increases contractility.
- Increased afterload (aortic pressure the heart pumps against) causes decreased HR, but constant SV.



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Frank-Starling mechanism

- Also known as the "Law of the heart"
- Maintains balance between right and left ventricles.
- If the atrial pressures were the same, then the output of the right side would exceed the left leading to an increase in left ventricular diastolic volume, which would increase left ventricular output, resulting in equilibration of cardiac outputs.

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Modeling the baroreflex

- To model the baroreflex mechanism the minimum set of components required are:
 - Heart
 - Large arteries
 - Small arteries and arterioles
 - Veins
- The effect of the baroreflex requires the control of:
 - Arterial resistance (small arteries and arterioles)
 - Peripheral blood volume (veins)
 - Heart rate
 - Heart contractility

Modeling the baroreflex



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Patient Specific Geometry

 The basis of the geometry is taken from a previously published model



J.S. Coogan, J.D. Humphrey, C.A. Figueroa. BMMB 2013



Patient Specific Geometry

- Here the geometry has been reduced to 7 branches:
 - Right subclavian
 - Right internal carotid
 - Right external carotid
 - Left internal carotid
 - Left external carotid
 - Left subclavian
 - Descending aorta





Patient-specific geometry

 Wall thickness and elastic modulus derived from a vessel diameter, pulse wave velocity relationship



Reymond et al. Am J Physiol Heart Circ Physiol, 2009

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Inflow BC – the heart model

 The inlet of the 3D geometry is implicitly coupled to a 0D model of the left heart





Inflow BC – the heart model

 The time varying pumping action of the left ventricle is modelled using via an non-dimensional elastance function

$$P_{LV}(t) = E_{LV}(t) \left(V_{LV}(t) - V_{u,LV} \right)$$

$$Pope \text{ et al., Math Biosci Eng, 2009}$$

$$E_{LV}(t) = \begin{cases} E_{min} + \frac{E_{max} - E_{min}}{2} \left[1 - \cos\left(\frac{s\pi}{T_{max}}\right) \right], & 0 \le s < T_{max} \end{cases}$$

$$E_{LV}(t) = \begin{cases} E_{min} + \frac{E_{max} - E_{min}}{2} \left[\cos\left(\frac{\pi(s - T_{max})}{T_{relax}}\right) + 1 \right], & T_{max} \le s < T_{max} + T_{relax} \\ E_{min}, & T_{max} + T_{relax} \le s < T \end{cases}$$

 $E(t)/E_{max}$ [-]

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The baroreflex controls

maximum value and

maximum time

Universal functional form for the elastance function



CAD coronary artery disease with normal LV function

Once normalised, the elastance function is **self similar** under a wide range of conditions.



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Arterial outflow BCs

 Each vessel branch in 3D is implicitly coupled to a 3-element Windkessel





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Arterioles and veins

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 Each Windkessel is attached a circuit that represents the arterioles, venules and small veins



 The flow from each Windkessel branch is added and passed to the arterioles and veins circuit

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Pressure feedback

 The average pressure at each carotid branch is compared to its target value, the maximum difference is used as the control signal



Ottesen, J, Olufsen, M. & Larsen, J., Applied Mathematical Models in Human Physiology, 2004.

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Control response

The baroreflex is modelled as a 1st order ODE whose RHS depends on the sympathetic n_s and parasympathetic n_p activity





Control parameters

• Gain parameters (α and β) have been fitted to steady state values from literature



Ottesen, J, Olufsen, M. & Larsen, J., Applied Mathematical Models in Human Physiology, 2004.



Systemic circuit

The circuit is numerically implemented by using the following relationships



The resulting algebraic system has the form

$$\mathbf{A}\mathbf{x}^{n+1} = \mathbf{B}\mathbf{x}^n + \mathbf{C}\mathbf{q}^{n+1} + \mathbf{D}$$
OD variables
$$\mathbf{x}^T = [P_i, \dots, P_n, P_{i,c}, \dots, P_{n,c}, V_a, V_{v1}, V_{v2}, Q_{v2}, V_{la}, Q_{mv}, \mathbf{q}^T = [Q_i, \dots, Q_n]$$
3D flows
$$\mathbf{q}^T = [Q_i, \dots, Q_n]$$





Baroreflex assessment: the tilt test

- Controlled assessment of the baroreflex is clinically examined by controlling the orientation of the patient
- The change in orientation triggers the baroreflex due to a gravitational pressure change





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Simulating the tilt test

- Using a time step Δt = 0.0001 s, 25 s of physical time were simulated
- Two sets of simulations were performed:
 - 90° tilt over 5 s with gravity, with baroreflex control

18°/s

90° tilt over 5 s with gravity, without baroreflex control



Effect of feedback on Pressure-Volume loop



Effect of feedback on Pressure-Volume loop



Effect of feedback on control





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Effect of feedback on control







Effect of feedback on control



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Flow [ml/s]

Pressure [mmHg]

Validation against clinical data

- Fitting the baroreflex response to physiological data
- C. Alberto Figueroa figueroc@med.umich.edu Experimental data exhibit difference in pressure waveforms during head up tilt





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Local control: Coronary auto-regulation

Simulation of alpha and beta adreno-receptors and metabolic feedback in coronary vessel SMC



Coronary Flow Control Systems

Feedforward Control = **Parallel** Control





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Coronary Flow Control Systems

Feedback control requires an error signal





What's special about the coronary circulation?

The flow occurs primarily in diastole to the contraction of the myocardium in systole!



http://www.cvphysiology.com/



Modeling Coronary Flow Control



Feedforward Control: α -Vasoconstriction



 α -vasoconstriction has been described as "paradoxical": it has been postulated that it acts to improve coronary perfusion by reducing retrograde systolic flow.

This mechanisms also affects vascular compliance reduction.



Feedforward Control: β-Vasodilation





Feedback Control: Vasodilation





Coronary Vascular Model

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- Key assumptions of the model:
 - Myocardial oxygen supply should closely match myocardial oxygen demand
 - Coronary flow control should primarily be via a feedback mechanism which evaluates and acts to counter discrepancies in oxygen demand
 - The control system should take into account the "historical" state of the system, such that repayments of any oxygen "debts" are possible
 - All changes in myocardial oxygen delivery are due to changes in flow: we assume that coronary venous blood oxygen content and myocardial oxygen extraction are constant



Instantaneous O2 Demand - Supply Discrepancy:

$$h(t) = MVO2(t) - \gamma Q(t)$$

Myocardial Hunger:

(ml/min)

$$H(t) := \int_0^t h(\tau) d\tau,$$

Damped Harmonic Motion:



Canty and Klocke, *Circulation*, 1985. Reduced Myocardial Perfusion in the Presence of Pharmacologic Vasodilator Reserve



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Combining the equations on the previous slide:

$$\frac{dQ(t)}{dt} = k_{fb}\gamma^{-1}H(t) + g\gamma^{-1}\frac{dH(t)}{dt} + \gamma^{-1}\frac{dMVO2(t)}{dt}$$

define $S(t) = [R(t)]^{-1}$
 $S(t)P(t) = Q(t)$

Differentiating this, and combining with the top-line equation:

$$\frac{dS(t)}{dt}\overline{P} = k_{fb}\gamma^{-1}H(t) + g\gamma^{-1}\frac{dH(t)}{dt} + \gamma^{-1}\frac{dMVO2(t)}{dt}.$$



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to Figueroa

Arthurs, Lau, Asrress, Redwood & Figueroa, submitted to AJP - Heart and Circulatory Physiology



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Computing Myocardial Oxygen Demand, MVO2

 The amount of oxygen required by the myocardium should be related to the cardiac work



Kameyama et al., *Circulation*, 1992. Energy Conversion Efficiency in Human Left Ventricle Coulson, *J Physiol*, 1976. Energetics of Isovolumic Contractions of the Isolated Rabbit Heart



Classic Examples of Coronary Auto-regulation

The model reproduces classic results in coronary physiology

Pressure (mmHg) 0 20 0 0 Protocol **Coronary Perfusion Pressure** Mean Aortic Pressure 500 520 540 560 580 600 620 Time (s) Experimental Result 40 $\overline{\mathsf{Q}}_{\mathsf{LC}}$ William William (ml/min) 0 Coronary Flow Response to Perfusion Pressure Drop Coronary Flow (ml / min / 0.3) 00 00 01 00 02 00 02 Simulation 5 6 7? 500 520 560 580 540 600 620 Time (s)

Simulation of Perfusion Pressure Perturbation

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Canty & Klocke, Circulation 1985

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Simulation of Reactive Hyperemia

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Patient Data - Acquisition

- Percutaneous coronary intervention patient (St Thomas' Hospital, London, UK)
 - Exertional angina
 - Documented coronary artery disease
 - Stenosis severity <80%
 - Exercise on a supine cycle
 - Intensity increments of 20 W
 - Recording:
 - Coronary Flow
 - Aortic Pressure
 - ECG

Pressure

Flow

Patient Data Pulsatile Aortic Pressure Achieved (mmHg) Patient Peak Aortic Pressure (mmHg) Patient Heart Rate (Hz / 60) Time (s) **EXERCISE DURATION** (approx. 20 minutes)



Results: Coronary Auto-regulation via microvasculature control

The model reproduces human stress data acquired in the cath. lab



Arthurs, Lau, Asrress, Redwood & Figueroa, in preparation



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Results – 3D Simulations



Results – 3D Simulations

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